



C. Alan McCarty, M.D.  
7411 Wallace Blvd.  
Amarillo, TX 79106  
806-351-1177

### **Light Adjustable Lens Treatments**

- Congratulations on selecting the Light Adjustable Lens from RxSight. It is truly a revolutionary lens that allows us to be more accurate than any other intra-ocular lens.
- You will play an active role in deciding what your final vision will be so that you can tailor it to your lifestyle and your activities.
- While this lens is the most accurate lens available, it is not perfect. There will be some give and take as we adjust the two lenses over 3-5 treatment sessions.

### **Things to consider before and throughout your treatments**

**Option 1:** Do you want both eyes corrected for distance giving you the absolute best distance vision obtainable with cataract surgery? You will still be dependent on reading glasses.

**OR**

**Option 2:** Do you want your dominant eye focused for distance and are willing to give up a little distance vision overall to gain some level of intermediate to near vision?

If you choose **option 2**, you have more to consider.

**First:** Which eye is your dominant eye or your “shooting” eye. The best way to determine this is to hold your hands out in front of your face making a triangle between your thumbs and index fingers. Keep a distant object in view and move your hands to your face keeping them together. Whichever eye the opening goes to is likely your dominant eye.

**Second:** Because both eyes are not going to be focused for distance, your distance vision will be a little weaker than if both eyes are focused for distance.

**Third:** You must also decide how much near vision you want with the knowledge that the more near vision we add to the non-dominant eye, the more clarity we take away from your distance vision.

For your first treatment, I will focus your near eye for intermediate vision allowing you to see your computer screen, car dashboard, and maybe your phone if it is held out a little further from your face.

You will have the opportunity to experience this vision for about a week before your next treatment. It is important for you not to compare one eye to the other but evaluate your vision with both eyes open. During the second and third treatments, I will ask you how you like your vision with both eyes open and working together. You will then guide me on how to proceed with the next treatment. We can sharpen the distance if needed, add more near if you desire, or start the first of two lock-in treatments if your vision is exactly where you want it. After the first lock-in treatment **OR** third adjustment, no further changes can be made.

This is a very exciting opportunity for both you and me, and I will do my best to help walk you through the process. Please ask questions at any time during the treatment period.